

Wed. 23rd Mdwk Meet for E. at St Wilfred's Hospice, Broadwater Way, Eastbourne. L. at The Brewer's Arms, Vines Cross or picnic. Leaders: Energetics, Chris Colyer; Tourists, 1. Andy Cackett, 2. TBA; Moderate Tourists, Peter Oakshott; Easyriders, Geoff or David.

Thur. 24th D.A. Clubnight at South View Rooms, Western Road, Hailsham. 7.30 - 10 p.m. All welcome.

Fri. 25th D.A. Committee Meeting - 7.30 p.m. - at 89 Manor Park Road, Hailsham.

DON'T FORGET TO PUT YOUR CLOCKS BACK THIS WEEKEND



Oct. 27th Morning:-

*** East Sussex CTC – Freewheeling Competition – Jevington Valley. Free Entry.

Meet from 9:45am at bus stop opposite Friston Church for 10:00am start.

Afternoon:-

*** East Sussex CTC Annual General Meeting – starting at 2:00pm at The South View Rooms, Western Road, Hailsham. Hall open from 1:00pm for people to eat lunch.

Wed. 30th Mdwk Meet for E. at Middle Farm, Firle. L. at The Green Man, Ringmer or picnic on Green. Leaders: Energetics, Peter Hatch; Tourists, 1. John Beaumont, 2. Laurie Bishop; Moderate Tourists, Richard Thatcher; Easyriders, Geoff or David.

Nov. 3rd H & R For details of today's ride please phone - Marian Jones (mob. 07788 570658)
S & N Meet for E. from 10.00 at Raystede, The Broyle, Ringmer. L. at Arlington Reservoir.

Wed. 6th Mdwk Meet for E. at Hillier's Garden Centre, Stone Cross. L. at The Plough, Upper Dicker or picnic. Leaders: Energetics, Mick Hilton; Tourists, 1. Richard Wilkes, 2. Laurie Bishop; Moderate Tourists, Keith Honeyball; Easyriders, Geoff or David.

Nov. 10th H & R For details of today's ride please phone - Marian Jones (mob. 07788 570658)
S & N Meet for E. from 10.00 at May Cottage, Chailey crossroads. L. with Derek at Plumpton Green.

Wed. 13th Mdwk Meet for E. at Lakeside, Horam. L. at The Star, Waldron or picnic in Churchyard. Leaders: Energetics, Steve Rhodes; Tourists, 1. John Beaumont, 2. TBA; Moderate Tourists, Chris Atkin; Easyriders, Geoff or David.

Nov. 17th H & R For details of today's ride please phone - Marian Jones (mob. 07788 570658)
S & N Meet for E. from 10.00 at Hillier's Garden Centre, Stone Cross. L. at The Wish Tower, Eastbourne.

Wed. 20th Mdwk Meet for E. at Lime Cross Nursery, Herstmonceux. L. at The Yew Tree, Chalvington or picnic. Leaders: Energetics, Steve Ratford; Tourists, 1. Laurie Bishop, 2. John Taylor; Moderate Tourists, Keith Atkin; Easyriders, Geoff or David.

Nov. 24th H & R For details of today's ride please phone - Marian Jones (mob. 07788 570658)
S & N Meet for E. from 10.00 at Cinder's, Isfield Station. L. at Ringmer.

Wed. 27th Mdwk Meet for E. at Butcher's Hook, Cafe, Heathfield (near market). L. at The Star, Waldron. ~~L. at The Cross in Hand Pub or picnic.~~ Leaders: Energetics, Martin Georgeson; Tourists, 1. Andy Cackett, 2. Steve Harwood; Moderate Tourists, TBA; Easyriders, Geoff or David.

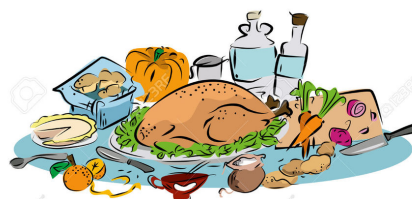
Thur. 28th D.A. Clubnight at South View Rooms, Western Road, Hailsham. 7.30 - 10 p.m. All welcome.

Forthcoming Events – .

*East Sussex CTC Christmas Lunch,
8th December at Chiddingly Village Hall.*

12.30 for 1.00 p.m. Cost £10.00

Booking form on end of newsletter. Deadline 1st Dec.



East Sussex CTC News

No. 222 - October 2019

Secretary's Notes

Looking ahead to October and November brings thoughts of Remembrance ceremonies on and around the 11th November. Both my grandfathers died very young, both as a result of injuries sustained during WW1. My father was 7 when his father died, my mother was 5 when her father died, neither knew their fathers and obviously I have never known grandfathers... This led me to research The Aftermath of the Great War which in turn led to the 1919 edition of the Tour de France...

There was great enthusiasm for the return of The Tour de France as a national emblem and to lift the spirits of France, so a long and convoluted route was planned, but the problems were immense: terrible or non-existent roads obliterated from shelling, military bureaucracy and frequent check-points meant the cyclists had to carry their passports at all times. Race motorcycles had been requisitioned and none were available, factories had been converted for the war effort so bicycles were in such extreme short supply that the bike industry had to club together and sponsor just one team. Raw materials were unobtainable including rubber therefore a fresh supply of tyres was literally non-existent, no such thing as support cars with racks of replacements. Even the dye needed for the racers coloured jerseys was unobtainable and a drab shade of grey was the only option. The riders themselves had either been away fighting on meagre rations and were now in a poor condition or had been prisoners of war and were in a worse physical condition, food was in short supply and rationed for each stage, and water too contaminated to drink. 130 riders registered, but only 69 made the start line, almost entirely because of lack of tyres. There were 10 finishers over the line in Paris... extraordinary times in comparison with the Grand Tours of today...

Max Leonard, Lanterne Rouge

Mia



Belgian rider Firmin Lambot was the winner of the 1919 Tour, and made history as the first winner to cross the finish line wearing the Yellow Jersey.



Riders, including Eugene Christophe (on the left), during the 1919 Tour de France. It was during this Tour that Christophe was presented with the 1st Yellow Jersey.

Committee Matters

Club Nights at South Views Rooms. It has been agreed to continue with Club Nights at the South View Rooms in Hailsham, following the increase in charges by Hailsham Town Council. However the number of meetings will be reduced to 7, which will be from February to May, and from September to November inclusive. The charge of £1 for tea and cakes will remain the same, and any loss will be met from the HQ subscription allocation.

Egrets Way at Lewes. Mr. Rix said there was no news on progress on the section that was supposed to be being done up from Ham Lane through to Railway Land.

RNLI Donation. Mr. Bacon had received a letter from the RNLI thanking us for the donation of £50 in memory of our late President, Pat Graham.

A27 Improvement Work. Mr Rix reported that there had been an announcement on the Argus newspaper website that Highways England had awarded the contract for the improvements to the A27 between Lewes and Polegate, with work due to commence Spring 2020. The final plans include an enlarged roundabout at Drusillas, a staggered junction at Wilmington, alterations to the junction at Polegate and a cycle path along the entire route, but no bypass for Selmeston.

The next meeting will be on Friday 25th October at 89 Manor Park Road, Hailsham, starting at 7:30 p.m.

Midweek Section Notes – Sept 2019

What a summer it has been! I hope that you have all managed to get out and ride on other days than our regular Wednesday rides and enjoy the beautiful Sussex countryside which, for me at least, has been spectacular. The Downs have looked magnificent, such that it is a joy to ride along the foot of them, if not actually venturing up and over very many times. OK, we've had some rain which has reduced some Wednesday attendances, but these have been few.

I have also been lucky to ride abroad in both Italy and France, and whilst these countries are lovely (at least where I was) there is something about the Sussex countryside that is so attractive. It is apparently one of the most wooded counties in England and its gently undulating landscape (ok, hilly where I come from) and beautiful old buildings all add to the enjoyment of being out and about in what we are told is the crowded South East.

The overhanging trees along many of the lanes we ride do, however, pose their own visibility problems and the low autumn sun will also give rise to poor visibility for motorists. We should all be aware of our own visibility (or lack of) when riding in dappled shade and low sun. As you may have noted when driving, high viz clothing is not always visible under such situations and dim rear lights are not sufficiently powerful to be fully effective. Add to this dark clothing and no lights and you have a recipe for disaster. And with winter approaching, now is the time to review your bike lighting and 'winterise' your bike with crud-guards and decent brakes and tyres.

The new runs list includes a couple of new venues for us, and whilst we are very well served by our existing venues, the committee is always on the lookout for new venues or news that old venues are 'looking up' and worth another try.

We have our AGM at Chiddingly Village Hall at 2 pm on Wednesday 9th October. This is your opportunity to raise matters of interest, concern or to propose changes to what we do and how we do it. Or just to say thank you to your Committee, which keeps things running like clockwork. Seriously, any matters that you wish to raise need to be submitted to me in writing 14 days before the date of the AGM.

And finally, for those who have not yet submitted their personal information forms, please do so a.s.a.p. as we need to start collating the information for it to be of any use to us.

Happy and safe cycling,

Andy

Seaford & Newhaven Section Notes

Since the last newsletter we have enjoyed several good rides with fairly good weather and usually had about ten of us out. We have missed Raoul Meade though, as he has been having trouble with his leg, we hope to see you about soon Raoul.

Numbers dropped at times as different ones set off on their travels. David and Susan had a week camping with the Veteran Cycle Club in Staffordshire and enjoyed some nice rides including a visit to Wedgwood and doing several sections of canal tow path. David Allen set off on a railways tour of Switzerland, returning with a lot of shots of the various trains. Not content with that he also attended the CTC Birthday Rides in Bedfordshire. Various ones have joined us from time to time at elevenses, when they are always welcomed, our two regulars are of course are Phil Chadwick and his friend Steve, usually when we are a good way out. Geoff and Jenny are still a great support though she can't manage far on the bike these days.

It was a lovely day for the Presidents Ride with nine of us riding plus Geoff, Jenny and Mia all day by car, several of the H&R were there as well at 11's.

We three were the only ones to take up Malcolm's Stapley's offer to stay at his new home in Herefordshire. David and Susan camped in the garden, while I got my sleeping bag out (I didn't think I would be using that again, it was great) and slept in that on his single bed indoors. We had three days riding around the area, with rides around the Golden Valley on Tuesday, into Hereford on Wednesday with a visit to the Cathedral and a chance to have our photograph taken with the sculpture of Edward Elgar and his bike that stands in the grounds, and then a car assisted trip on Thursday to Weobley, with Malcolm showing us the lovely black and white cottages around the area, and then the fantastic views from Arthur's Stone on the drive back. We did, of course, manage to find some nice tea stops and, being very close to the Welsh border, we also found a steep hill or two here and there – but the views made up for it. We ate out at The Nag's Head at Peterchurch on two evenings, with Malcolm very kindly cooking us a meal on the other two. We thoroughly enjoyed our few days and are very grateful to Malcolm for having us, and we look forward to going again, maybe with a few others next time.

Ann

CHRISTMAS LUNCH BOOKING FORM OVER PAGE

DEADLINE FOR NEXT RUNSLIST – WED. 13th NOVEMBER

Please note: copy must be with the editor (David Rix) by this date to be sure of inclusion

Distribution of Newsletter.

The Runs List & Newsletter is produced free of charge to anyone interested in our activities. Copies are available from Group Secretaries on Club runs or can be viewed & downloaded on the East Sussex CTC website.

*East Sussex CTC is a local group of Cycling UK, the UK's national cyclists' organisation.
Cycling UK is a trading name of the Cyclists' Touring Club
Cyclists' Touring Club (CTC) a Company Limited by Guarantee - registered in England No. 25185,
Registered as a charity in England and Wales - Charity No 1147607 & in Scotland No. SC042541.
Registered office: Parklands, Railton Road, Guildford, Surrey, GU2 9JX*

East Sussex CTC Christmas Lunch - Booking Form

The lunch this year is on Dec. 8th at Chiddingly Village Hall. Time: 12.30 for 1.00 p.m. Cost £10.00

If you would like to book for the lunch please fill in your details below,
including names of all those for whom you are booking and your address.

I would like to book ordinary lunches &/or vegetarian lunches. I enclose £..... in payment

Names:

.....

.....

Your Address:

.....

Please return this form to Jenny Boxall, The Bays, Broyle Lane, Ringmer, BN8 5PQ together with your payment in cash or a cheque payable to "Cyclists' Touring Club - East Sussex" **by Dec. 1st at the latest.**